

MAKE GOOD CHOICES.

Newhouse Academy Menu Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal 1	Homemade Chilli Con Carne Served With Rice (H)	Pork Sausage Served with Mashed Potato & Onion Gravy	Roast of The Day with Traditional Accompaniments (H)	Homemade Bolognese Pasta Bake served with Garlic Bread (H)	Battered fish or Jumbo Sausage & Chips served with Curry sauce or Gravy
Main Meal 2	Homemade Quorn Mince Chilli Served With Rice (V)	Quorn Sausage Served with Mashed Potato & Onion Gravy (V)	Roasted Quorn with Traditional Accompaniments (V)	Oven Baked Macaroni Cheese served with Garlic Bread (V)	Homemade Quiche Served with Chips (V)
Grab & Go	Beef Burger & Chips	Chicken Tortilla Served with Salad (H)	Hotdog Served with Wedges	Popcorn Chicken Served with Curly Fries (H)	Donna Kebab Served on kiln Dried Flat Bread & Salad (H)
Vegetables/ Salad	Mixed salad	Mixed Greens	Mixed Vegetables	Mixed Salad	Mushy Peas
Available Daily Sandwich Bar/ Italian Hub	<p>Sausage rolls</p> <p>Sandwich/ Baguette/ Tortilla Wrap filling options Variable Daily (Ham, Turkey, Cheese, Tuna Mayo, Corned Beef)</p> <p>Homemade Deep Pan Pizza (Italian Hub)</p> <p>Fresh Cooked Pasta with Variety of Sauces to choose from topped with Mozzarella</p>				



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Newhouse Academy Menu Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal 1	Chicken Tikka Masala Served with Rice & Naan Bread (H)	Lemon & Herb Chicken Served With Spicy Rice (H)	Roast of The Day with Traditional Accompaniments (H)	Beef Lasagne Served With Garlic Bread (H)	Battered fish or Jumbo Sausage & Chips served with Curry sauce or Gravy
Main Meal 2	Red Lentil Curry Served with Rice & Naan Bread (V)	Vegetable Lasagne Served With Garlic Bread	Roasted Quorn with Traditional Accompaniments (V)	Homemade Tomato & Basil Pasta Bake Served With Garlic Bread	Homemade Quiche Served with Chips (V)
Grab & Go	Chicken Burger & Chips	Chicken Tortilla Served with Salad (H)	Hotdog Served with Wedges	Popcorn Chicken Served with Curly Fries (H)	Donna Kebab Served on kiln Dried Flat Bread & Salad (H)
Vegetables / Salads	Bombay Potato & Vegetable Samosa	Mixed Salad	Mixed Vegetables	Mixed Salad	Mushy Peas
Available Daily Sandwich Bar/ Italian Hub	<p>Sausage rolls</p> <p>Sandwich/Baguette Tortilla Wrap filling options Variable Daily (Ham, Turkey, Cheese, Tuna Mayo, Corned Beef)</p> <p>Homemade Deep Pan Pizza (Italian Hub)</p> <p>Fresh Cooked Pasta with Variety of Sauces to choose from topped with Mozzarella</p>				



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Newhouse Academy Menu Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal 1	Homemade Traditional Cottage Pie & Gravy (H)	Homemade Chicken Kiev Served With Herby Wedges (H)	Roast Of The Day with Traditional Accompaniments	Chilli Beef Burrito Served With Nachos & Salsa (H)	Battered fish or Jumbo Sausage & Chips served with Curry sauce or Gravy
Main Meal 2	Quorn Minced Cottage Pies Served With Gravy (V)	Vegetable Korma With Rice & Garlic Naan Bread (V)	Roasted Quorn with Traditional Accompaniments (V)	Stuffed Jacket With Cheddar Cheese & Spring Onion (V)	Homemade Quiche Served with Chips (V)
Grab & Go	Chicken Burger & Chips (H)	Chicken Tortilla Served with Salad (H)	Hotdog Served with Wedges	Popcorn Chicken Served with Curly Fries (H)	Donna Kebab Served on kiln Dried Flat Bread & Salad (H)
Vegetables / Salads	Carrots	Mixed Greens	Mixed Vegetables	Mixed Salad	Mushy Peas
Available Daily Sandwich Bar/ Italian Hub	<p>Sausage rolls</p> <p>Sandwich/Baguette Tortilla Wrap filling options Variable Daily (Ham, Turkey, Cheese, Tuna Mayo, Corned Beef)</p> <p>Homemade Deep Pan Pizza (Italian Hub)</p> <p>Fresh Cooked Pasta with Variety of Sauces to choose from topped with Mozzarella</p>				