

MAKE GOOD CHOICES.

Newhouse Academy Menu Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal 1	Homemade Bolognese Pasta Bake served with Garlic Bread (H)	Homemade Chilli Con Carne Served With Rice (H)	Roast of The Day with Traditional Accompaniments (H)	Chilli Beef Burrito Served With Nachos & Salsa (H)	Battered fish or Jumbo Sausage & Chips served with Curry sauce or Gravy
Main Meal 2	Oven Baked Macaroni Cheese served with Garlic Bread (V)	Homemade Quorn Mince Chilli Served With Rice (V)	Roasted Quorn with Traditional Accompaniments (V)	Stuffed Jacket With Cheddar Cheese & Spring Onion (V)	Homemade Quiche Served with Chips (V)
Grab & Go	Chicken or Beef Burger (H)	Chicken Tortilla Served with Salad (H)	Hotdog	Popcorn Chicken Served with Curly Fries (H)	Donna Kebab Served on kiln Dried Flat Bread & Salad (H)
Vegetables/ Salad	Mixed salad	Mixed Greens	Mixed Vegetables	Mixed Salad	Mushy Peas
Available Daily Sandwich Bar/ Italian Hub	<p>Sausage rolls</p> <p>Sandwich/ Baguette/ Tortilla Wrap filling options Variable Daily (Ham, Turkey, Cheese, Tuna Mayo, Corned Beef)</p> <p>Homemade Deep Pan Pizza (Italian Hub)</p> <p>Fresh Cooked Pasta with Variety of Sauces to choose from topped with Mozzarella</p>				

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Newhouse Academy Menu Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal 1	Chicken Tikka Masala Served with Rice & Naan Bread (H)	Southern Fried Chicken served with Loaded Fries (H)	Roast of The Day with Traditional Accompaniments (H)	Mexican Chicken Burrito Served With Nacho's & Salsa(H)	Battered fish or Jumbo Sausage & Chips served with Curry sauce or Gravy
Main Meal 2	Minced Quorn Curry Served with Rice & Naan Bread (V)	Quorn Nuggets Served with Loaded Fries (V)	Roasted Quorn with Traditional Accompaniments (V)	Vegetarian Burrito Served with Nacho's & Salsa	Homemade Quiche Served with Chips (V)
Grab & Go	Chicken Or Beef Burger	Chicken Tortilla Served with Salad (H)	Hotdog Served	Popcorn Chicken Served with Curly Fries (H)	Donna Kebab Served on kiln Dried Flat Bread & Salad (H)
Vegetables / Salads	Onion Bhaji & Vegetable Samosa	Mixed Salad	Mixed Vegetables	Mixed Salad	Mushy Peas
Available Daily Sandwich Bar/ Italian Hub	<p>Sausage rolls</p> <p>Sandwich/Baguette Tortilla Wrap filling options Variable Daily (Ham, Turkey, Cheese, Tuna Mayo, Corned Beef)</p> <p>Homemade Deep Pan Pizza (Italian Hub)</p> <p>Fresh Cooked Pasta with Variety of Sauces to choose from topped with Mozzarella</p>				

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Newhouse Academy Menu Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal 1	Chicken Korma Served with Rice & Naan Bread	Steak Pie, Chips & Gravy	Roast Of The Day with Traditional Accompaniments	Marinated Chicken Served with Rice & Salad (H)	Battered fish or Jumbo Sausage & Chips served with Curry sauce or Gravy
Main Meal 2	Butternut Squash Korma Served with Rice & Naan Bread	Cheese & Onion Pasty, Chips	Roasted Quorn with Traditional Accompaniments (V)	Vegetarian Style Chicken strips Served with Rice & Salad (V)	Homemade Quiche Served with Chips (V)
Grab & Go	Chicken Or Beef Burger (H)	Chicken Tortilla Served with Salad (H)	Hotdog Served	Popcorn Chicken Served with Curly Fries (H)	Donna Kebab Served on kiln Dried Flat Bread & Salad (H)
Vegetables / Salads	Onion Bhaji & Vegetable Samosa	Garden Pea's	Mixed Vegetables	Mixed Salad	Mushy Peas
Available Daily Sandwich Bar/ Italian Hub	<p>Sausage rolls</p> <p>Sandwich/Baguette Tortilla Wrap filling options Variable Daily (Ham, Turkey, Cheese, Tuna Mayo, Corned Beef)</p> <p>Homemade Deep Pan Pizza (Italian Hub)</p> <p>Fresh Cooked Pasta with Variety of Sauces to choose from topped with Mozzarella</p>				