



Coach



Sports
journalist or
commentator
or



Outdoor
activity
instructor



Physiotherapist

Opportunities PE gives you!



Sports
Psychologist



Part time
job
opportunities



University
lecturer



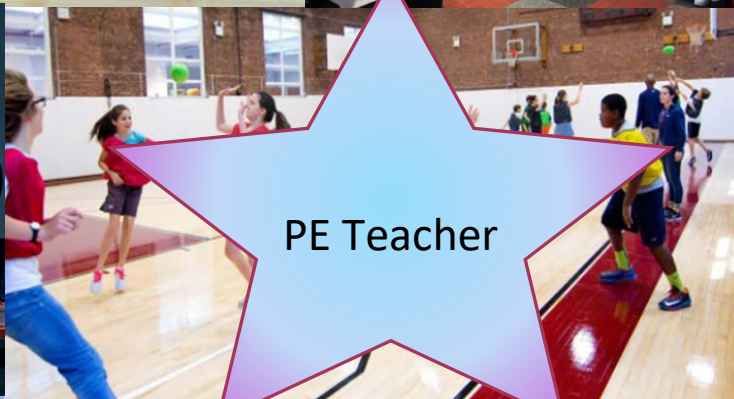
Event
management



Fitness
Influencer



Personal
trainer



PE Teacher



Lifeguard



Sports data
analysis

GCSE PE

HOW IS IT ASSESSED?

- 2 EXAMS (60%) 90 MINUTES & 75 MINUTES
- 1 PIECE OF COURSEWORK (10%)
- 3 PRACTICAL SPORTS (30%)

Paper 1:

- Skeletal system
- Muscular system
- Cardiovascular system
- Respiratory system
- Levers, planes & axis
- Physical training

Paper 2:

- Diet & wellbeing
- Sports psychology
- Socio-cultural influences

Personal exercise programme.

- 6 week exercise programme,
- Collect data,
- Analyse data,
- Create graphs,
- Evaluate the programme to see if there are any improvements in your performance.

Practical

1 individual sport
1 team sports
1 of your choice

CAMBRIDGE NATIONAL SPORTS STUDIES

How is it assessed?

- 1 exam (40%) 75 minutes
- 2 pieces of coursework (60%)

Contemporary issues in sport

- Issues which affect participation in sport
- The role of sport in promoting values
- The implications of hosting a major sporting event for a city or country
- The role National Governing Bodies (NGBs) play in the development of their sport
- The use of technology in sport.

Increasing awareness of Outdoor and Adventurous Activities

24 Hours of teaching 10 Hours of assessment

- Provision for different types of outdoor and adventurous activities in the UK
- Equipment, clothing and safety aspects of participating in outdoor and adventurous activities
- Plan for and be able to participate in an outdoor and adventurous activity
- Evaluate participation in an outdoor and adventurous activity

Performance and leadership in sports activities

48 Hours of teaching, 16 hours of assessment

- Performance in two selected activities
- Assess strengths and weaknesses, create action plan
- Organisation of a sports activity session
- Review your leadership of a sports activity session

PRACTICAL

GCSE PE (3 SPORTS)

SPORTS WE CAN OFFER:

- NETBALL
- FOOTBALL
- HANDBALL
- BADMINTON
- BASKETBALL
- TRAMPOLINING
- TABLE TENNIS
- ROCK CLIMBING

10 MARKS FOR SKILLS

25 MARKS FOR APPLICATION TO GAME

SPORTS STUDIES (2 SPORTS)

SPORTS WE CAN OFFER:

- NETBALL
- FOOTBALL
- HANDBALL
- BADMINTON
- TABLE TENNIS

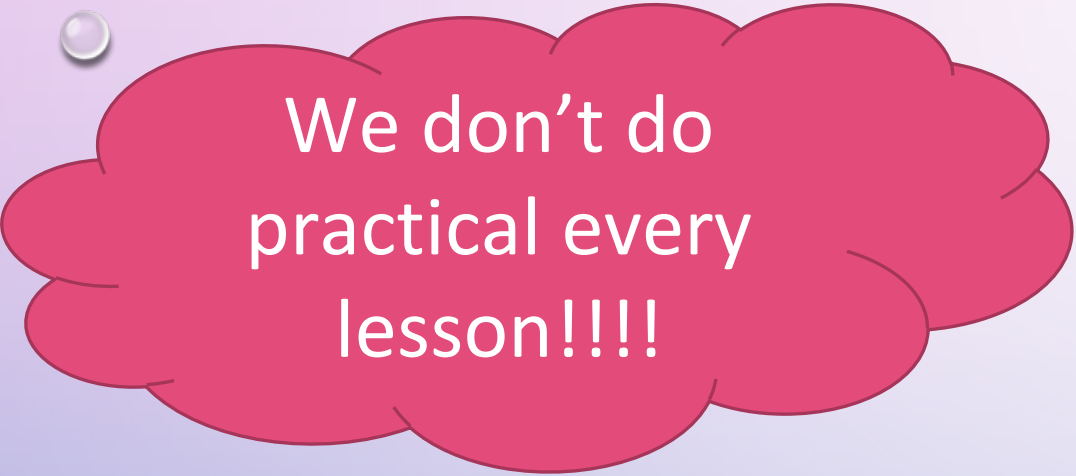
MARKS AWARD FOR PERFORMANCE
AND COACHING

Most weeks will be 1
Practical lesson 2
theory lessons.

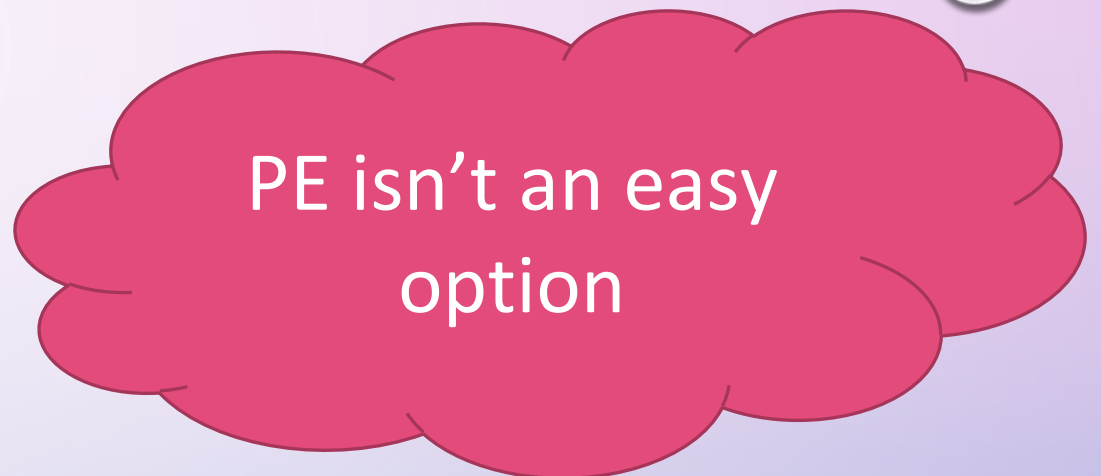
Some weeks theory
lessons will take
priority.

EXPECTATIONS

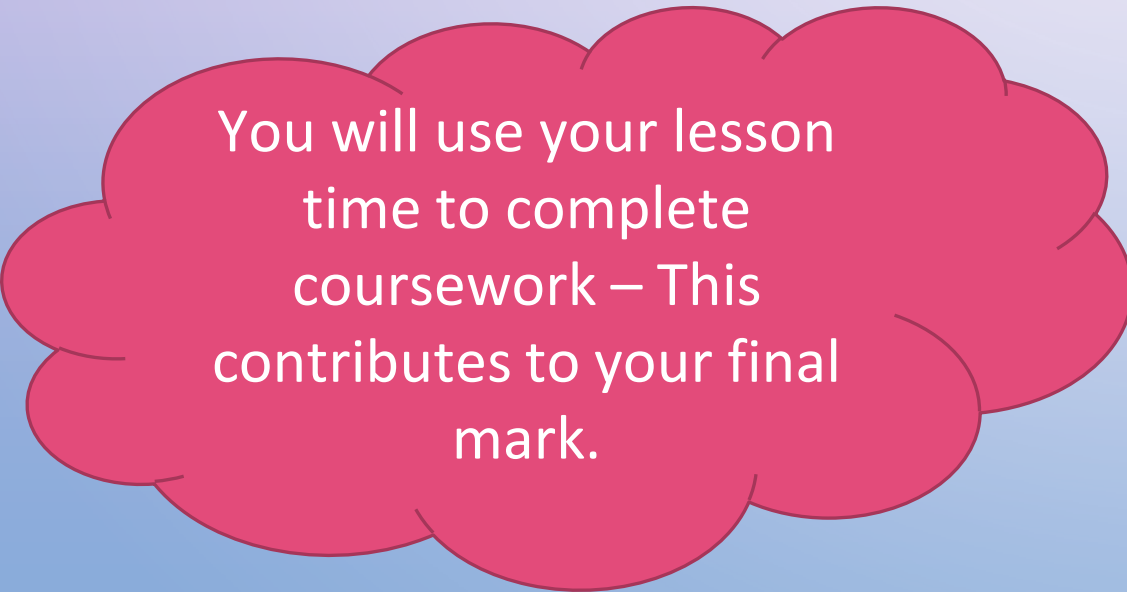
- REPRESENT SCHOOL IN SPORTS COMPETITIONS.
- ATTEND EXTRACURRICULAR PRACTICES WEEKLY.
- YOU NEED TO HAVE AN INTEREST IN SPORTS.
- REVISE AT HOME.
- ATTEND ALL LESSONS.
- IF YOU COMPETE IN A SPORT OUTSIDE OF SCHOOL, MUST PROVIDE VIDEO EVIDENCE



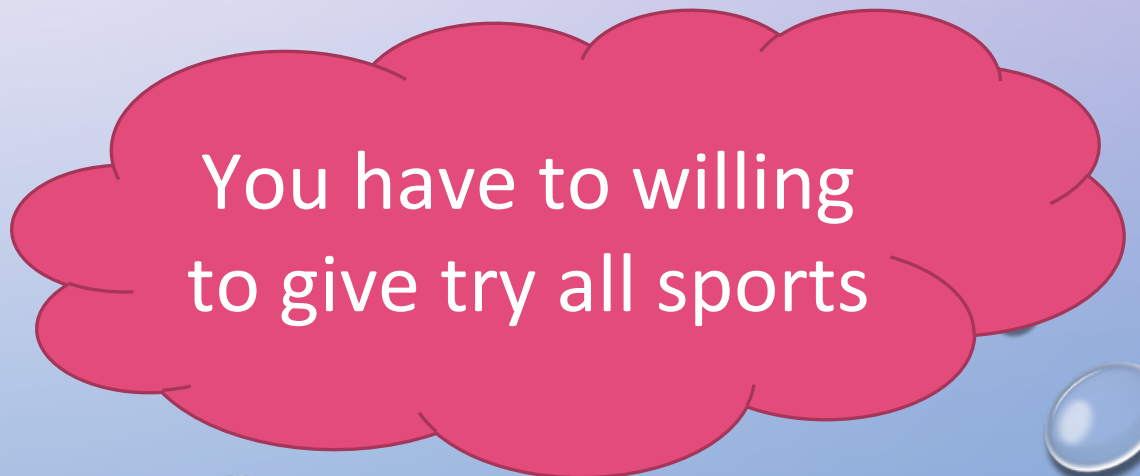
We don't do
practical every
lesson!!!!



PE isn't an easy
option



You will use your lesson
time to complete
coursework – This
contributes to your final
mark.



You have to willing
to give try all sports

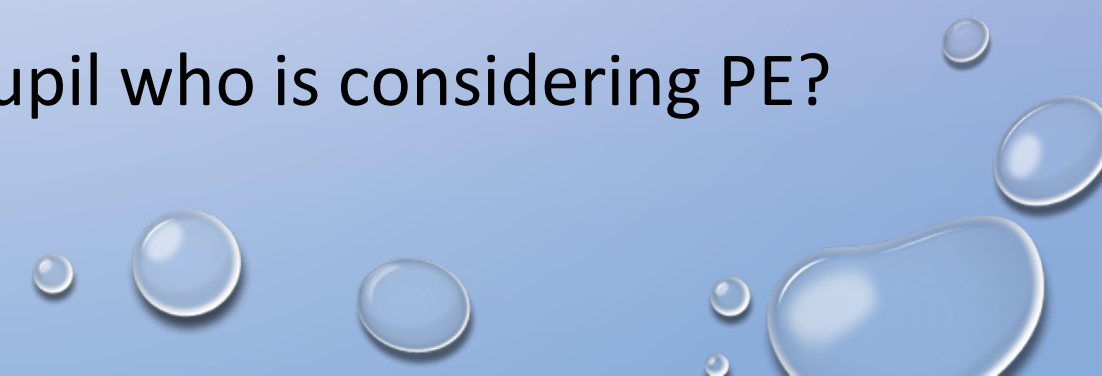


What our current year 10 GCSE PE pupils think

Why did you choose GCSE PE?

What have you found most interesting so far?

What advice would you give a year 9 pupil who is considering PE?



ADDITIONAL INFORMATION

NEXT STEPS

- A LEVEL PE
- A LEVEL BIOLOGY
- APPRENTICESHIP E.G EXERCISE, PHYSICAL ACTIVITY, SPORT AND HEALTH SECTOR (LEVEL 2 AND 3)
- CAMBRIDGE TECHNICALS: SPORT AND PHYSICAL ACTIVITY (LEVELS 2 AND 3)

WHICH SUBJECT COMPLIMENT PE

- GCSE BIOLOGY
- GCSE COMBINED SCIENCE
- GCSE FOOD PREPARATION AND NUTRITION

Any
questions???